On Monday 1st September the Senior Hospitality Class initiated the idea of hosting an Ice Bucket challenge event at Rouse Hill High School to raise money to donate to the research into Motor Neurones Disease. The decision was made that Mrs Wilson would do the Ice Bucket Challenge in front of the whole school if they could raise $200 for the charity. The class also decided this would be a good opportunity to practise some of their competency based skills in preparing and serving non-alcoholic beverages, hence the snow cones.

continued page 2
Ice Bucket Challenge cont.

As the event was publicised, (which did not take long, word of mouth spread fast) the students were abuzz with excitement at the prospect of seeing their teachers drenched in ice water. More staff jumped on board and the more money raised by the students, the more teachers that succumbed to the Ice Bucket. A total of 13 staff members volunteered, the most expensive of which was $1000. Every target was reached and a total of 13 staff members took part in the challenge. Some students donated $50 or more for the privilege of being the one to pour the ice bucket over a teacher of their choice. We would like to make special mention to Debra Newstead from Christiane’s Hair Design for donating $100.

On Friday the 12th September, the 13 teachers packed their spare clothes and towels in preparation for their fate at lunchtime. The weather forecast was a cool 16°C just to add to the ‘fun’. The Hospitality class busily set up the snow cone tables and the chairs and ice buckets, made sure we had video footage and cameras to capture the torture – oops! I mean fun and when the bell rang, out came the entire school eagerly awaiting the event to begin.

The local newspaper, Rouse Hill Times was there to promote the efforts by the staff and students of our amazing school. The photos tell the story and I’m sure if you ask the teachers and students, they too will tell the story – perhaps with some embellishment. It was a fun and worthwhile activity that engaged the entire school community and brought staff and students together to support Motor Neurones Disease Research.

A total of $1367.70 was raised for the charity and a cheque will be presented to a representative from Motor Neurone Disease Australia at the Formal Assembly on Wednesday 17th September. Thank you to all the staff, students, parents and local community members for their generous contributions towards supporting this worthy cause.
Ice Bucket Challenge cont.

Our students, staff and parents are part of a strong, sharing community
SCIENCE WEEK

Year 7 had an exciting Science Week, which involved students competing in a Science Trivia competition. Each class had groups competing until there were two students from each class ready to compete for the final prize. The winners of the final competition will receive prizes in recognition of their determination and interest in understanding concepts in science outside of the classroom.

Year 8 and 9 applied themselves to many challenging activities. Year 8 worked in groups to design catapults which they used to launch eggs in a competition to see who could get their egg to fly the furthest. The Year 9 challenge involved students constructing electrical circuits and separating substances. The winning group from each class went on to the finals in which they needed to create a simple machine that popped a balloon at a distance. After many failed attempts, the challenge was won by students from 9D. All groups were involved and did an excellent job.

Year 10 had a chance to express their artistic flair by designing and painting a science based mural. The best murals will be placed within the science rooms and outside of G Block as an inspiration for future students of science. This activity was enjoyed by all involved with a particular thank you to Ms Cheung for her help setting up the painting areas and assisting students with their materials.
DEBATING UPDATE

The Rouse Hill High School Debating teams have been involved in a number of exciting debates. Some of the topics that have been debated include:

- That we should stop reporting on the private lives of celebrities
- That refugees should be processed offshore
- That social media should be banned for children under 18
- That students and teachers should have an equal say in how the budgets of their schools are spent
- That school’s should teach mandatory self-defence classes.

YEAR 11 METRO

Last term, Rachael Noll, Chelsea Mozdzierz, Efua Wallace and Abbey Cooper had a successful win over St Marys Senior High School. Rouse Hill High School’s arguments were strong as they debated that marijuana should be legalised in Australia. Although most of the team did not morally agree with the statement, they fought hard to make a solid and believable case. Each team member improved their presentation skills throughout the term.

This debate marked the end of the Year 11 team’s competition. They are to be congratulated for their dedicated and mature approach to debating this year.

YEAR 9 AND 10 PREMIER’S DEBATING CHALLENGE

The Rouse Hill High School Year 9 and 10 team have been unstoppable this year with 6 straight wins! The team have improved in every debate through the development of strong arguments, skilful rebuttal and excellent presentation skills. Throughout the competition, adjudicators commented on their progress and sophisticated debate structure.

Chloe Andrews, Amanda Bello, Melissa Bello, Abdallah Harun, Charlotte Occleston, Kirstin Regel and Maurya Singh have shown resilience, accountability and enthusiasm throughout the debating season. They have won the Zone round and are now the 2014 Inter-zone winners. They are currently preparing for a debate against Model Farms in the Quarter Final round in the coming weeks. This is a great achievement and is testament to this team’s dedication.
YEAR 7 AND 8 PREMIER’S DEBATING CHALLENGE

The Rouse Hill High School teams have competed in one debate each. On the 5th of August, the teams went to Model Farms for the first round in competition. The students showed courage and strength as they fought hard to debate their topics on The Media. The Rouse Hill High School Year 8 team won their debate and the Year 7 students gained invaluable experience in their first high school debate. The teams have two more debates to compete in this term.

In addition, the team has started mentoring our Year 7 and 8 teams. The students have spent time talking about debate strategies, team work and confidence.

PUBLIC SPEAKING UPDATE

Rouse Hill High School entered two exceptional speakers into the N.S.W Legacy Junior Speaking Award competition on the 23rd of July this term. Abdallah Harun spoke with flair and honesty. Abby Greig focused on teenage driving skills and the need for more education in this area. The adjudicator commended Abby on her impromptu, saying that hers was the best of the day.

In addition to this competition, a fun-filled and informative day was held on the 29th of May, 2014. This was a competition called, ‘Speaking for the Planet’. The competition saw Kirstin Regel win the impromptu speaking section. Kirstin was given the opportunity to go on the radio to speak about the day and present her impromptu speech. She was an outstanding representative for Rouse Hill High School and you can hear her podcast on the 90.5FM radio website.
ATHLETICS

The following students are to be congratulated for their selection in the Sydney West Athletics Team at The Combined High Schools Athletics Carnival held from September 4 – 6 2014.

Courtney Collins, Sarah Okunbor, Phoebe Young, Jamie Bradwell, Amanda Bello, Melissa Bello, Rachel Pace, Riva Pietersz, and Mitchel Olbrich.

From these students we had several outstanding performances including; Girls U16 4 x 100m relay team who finished with a silver medal. In an incredible finish, Rachel Pace gave away 10 metres on the final change only to be beaten and pipped for gold by just 4/100 of a second.

Outstanding athletes who won individual medals were;

Rachel Pace who won gold in both the 100m Hurdles and 100m Sprint

Phoebe Young who won Gold in the U12 Girls Long Jump. Phoebe jumped 4.73 metres, well ahead of 2nd place of 4.65 metres.

In an all female report (go girls) we would also like to acknowledge the selection of Chloe Arndt in the All Australian U16 Girls Australian Football Team. Chloe recently played for the NSW U16 AFL Girls team at the Australian Championships. She had the privilege of playing on the Sydney Cricket Ground with her team being Grand Finalists and eventual runners up. From this her excellent play meant that she was one of 24 girls out of 168 selected to represent Australia.
On Wednesday the 14th of August, myself, as well as 88 incredibly talented athletes (20 athletics athletes) set off on a Youth Olympic journey to Nanjing, China. The Youth Olympics is a (every) four year event that brings together the world’s best athletes and showcases every sport that the Olympics normally offers.

My event was the 100m hurdles and the 8x100m shuttle relay. My heat was on 20th at night time which was a new experience for me as I have never run at night, let alone at an international comp so this was already something new to me. After running a somewhat disappointing heat, I placed 3rd in my heat which unfortunately only just enabled me to progress to the A final (top 8 from the three heats)

The finals consisted of final A, B and C with the A finals being the only final that you are eligible to medal in. So in according with my time as well as everyone else’s times, I was placed into the B final. My final was on the 23rd in the morning. I am very comfortable with running in the morning, although, having the temperature set at a very humid 33 degrees at 7am made it quite difficult to warm up properly as any form of exercise, large or small, would drain almost all of your energy.

After warming up and collecting my lane numbers, we were taken out to the track just after 9am. We had to stand out in the “sun” for 15 minutes which was hard to contend as it was a very, very hot morning. Lining up on the blocks, I was very excited and nervous to run. I felt a lot more relaxed as this race did not allow me to win a medal so I was just running against the clock. I was also ranked fastest in this final as well as another Japanese girl who had clocked the same time as me in the heats. Unfortunately, she was disqualified for a false start. After running the final, I placed 1st which was very good for me.

Although there was no personal bests set at this meet, I still walk away with a world ranking (9th) although I am running up an age group with girls who have been running at this hurdles distance and height for more than a year and I had only been training this height and distance for 6 months.

On the 26th of August, it was relay day. Each athletics athlete from every country was spread out into 69 mixed 8x100m relay teams. In my team, I had people from America, all the way to Ukraine. In the heat, my team placed first and we had the fastest time going into the finals. Unfortunately in the final, we had stepped on the line during our baton change so we got a 2 second penalty. We had placed first but the time penalty had meant that we were now in silver medal position. But we still had smiles! Winning a silver medal at the Youth Olympics was such an incredible experience, especially winning it as a team with people you had never met before, let alone athletes who could barely speak English!

Overall, the Youth Olympics was such an amazing experience. I have met so many international athletes during my time in Nanjing and have made lifelong friends. I will never forget my first international competition; hopefully it won’t be my last! Sad to of had to leave the Australian team as we grew very close during the games but I’m very glad to be back home.
The Year 9 Leadership group’s focus for fundraising this year is ‘Self and National Community’. On Friday the 31st of October, students will be raising money for CanTeen which raises funds and awareness of young people living with cancer.

The Year 9 Leadership group will be selling bandannas for $4.00 each and pens for $3. Students will be selling these outside the canteen prior to the day throughout the first four weeks of Term 4. Students will then be allowed to wear them to school on National Bandanna day.

Students will be required to wear full school uniform on Bandanna Day including appropriate footwear ensuring that they have leather enclosed shoes for Technology and Science classes.

One step at a time and you too can make a difference

On her own accord, Tallulah of Year 7 has just completed a Step-a-thon and has single handedly raised $500 for the Murdoch Childrens Research Institute...... and still counting!!

This is an amazing achievement. Congratulations Tallulah on demonstrating initiative, self-motivation and compassion, qualities that are valued at Rouse Hill High School. If you would like to support this cause or check out Tallulah’s messages of support, please visit the website listed below.

https://stepathon.everydayhero.com/au/tallulah-kinnish

Strong educational leadership and dedicated teachers create a supportive, dynamic learning environment.
We are very excited to announce the inaugural DARE Week at Rouse Hill High School. DARE Week (3 - 7 November) is a series of events designed to extend learning beyond the classroom in engaging and stimulating ways, connect students with the broader community and foster school spirit amongst our community.

Throughout DARE Week students at Rouse Hill High School will complete two activities each day in their Year or Stage group (e.g. Year 7 or Year 7/8). These activities have been created by each faculty area and are exciting and engaging learning experiences that are designed to challenge and stimulate the students. You can find out about all of these learning experiences on the events page of the DARE Week website rhhsdareweek.weebly.com

In addition to this each day will include a whole school activity such as Teacher vs Student events, So you think you can dance and Rouse Hill's Got Talent. Other major events for the week include MADD, Trivia Night and the DARE Fair. Check out the website for further information.

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Parents!

We don't do a lot of fundraising....but when we do, we want to make it fun....and worthwhile.

Our ***TRIVIA NIGHT*** is exactly that.
It’s a great night for anyone over 18, and we raise a decent amount of money for the school!

And we only hold it every two years because it takes that long to recover.... (No that’s not true, actually, we just don’t like to burden the community with too many donation requests).

This year, as part of the school community’s DARE WEEK celebrations, we are finishing the week with our
***DARE WEEK TRIVIA NIGHT***.

There’s no other special theme but you can theme and decorate yourselves and tables if you like, or not (there may be a prize, or not). Bring along some nibbles, a feast, a few drinks or whatever else will sustain you for the questions, quizzes and games!

It’s a fun night for parents, teachers, friends, family, co-workers, in fact anyone over 18 is welcome! So get a group together, (or we can place you with others), and come support the school to help purchase those extras like shade shelters, technology and that elusive air-conditioning!!

Tickets will be limited - so send in the Trivia flyer/form (see next page) with contact details and payment and start planning your night!

[Parents, if you have a company or workplace that would like to donate a prize for the Trivia Night, please contact Nicole Theissen on Email: nicoletheissen@optusnet.com.au or Mob: 0416265042
Gift baskets, vouchers, products etc are all very welcome!]
Celebrate DARE WEEK with a Night of Trivia!!

Tickets are Limited.

At the entrance: £ exciting, £ engaging...

No joy supporting our school

Don’t miss us with your wit

Elusive those Trivial Facts &

Muse us with your wit

Dazzle them with your knowledge

W你好 supporting our school

战略 those Trivial Facts &

Muse us with your wit

Dazzle them with your knowledge

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YEARS 1.2 POST SCHOOL DESTINATION CAREER INTERVIEWS
All of Year 1.2 have completed Post School Destination Career Interviews this Term with the Careers Advisor Ms Henson and have outlined their many exciting and varied future Career pathways. University Applications close at the end of September and many students have taken advantage of the Universities Open Days this Term, reviewing their choice of University and course preferences.

TAKE AND APPRENTICESHIP OPTIONS
A TAFE Representative presented information to all Yr 1.2 students on Wednesday 3rd September in Seminar at Rouse Hill High School outlining pathways and links between TAFE and University. Information was presented on fees, apprenticeships, options, campuses, length of time to complete qualifications and the Australian Qualifications Framework.

The presentation was supported by relevant flyers highlighting further sources of information such as websites and TAFE contacts that students could pursue.

TOYOTA CASTLE HILL
The Dealer Principal and owner of Castle Hill Toyota has been in contact with the Careers Advisor Ms Henson about employment opportunities on offer at this well respected and diverse company.

These include casual, part-time, apprenticeships and full time positions. If you would like further information contact the Careers Advisor.

SECONDARY SCHOOLS TAX FILE NUMBER
Rouse Hill High School has an arrangement with the Australian Taxation Office that allows students to apply for a TFN (Tax File Number) through the school.

Students who are contemplating getting a part-time job or applying for Youth Allowance need to apply for a TFN.

The process via the school and Taxation department is approximately 4-6 weeks. Employers are impressed with students who show initiative by already having a TFN.

TFN Forms are available from Ms Henson in the Careers Room (Library) during Recess, Lunch and before and after school.

Please ensure that you complete the forms accurately or they will be returned to the school unprocessed.

CHRISTMAS HOLIDAYS CASUAL EMPLOYMENT
Companies are recruiting now for their staff for the Christmas holidays. Students are reminded to check their DEC emails from their Careers Advisor Ms Henson as employment opportunities being forwarded from companies are being sent to them.
Castle Hill Dental Care

- **NO GAP for children under 18** (Check-up, clean, fillings, mouth guards, orthodontic consult only)
- **NO GAP for new adult patients** (Check-up, clean and orthodontic consult only)
- **NO GAP for Medicare Teen Dental Vouchers**
- **Now Offering** invisalign (A clear alternative to braces)

9680 1212

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Our students, staff and parents are part of a strong, sharing community
Modern, innovative and specialist teaching environments for dance, music, drama and digital media
TouCh footY reGisTrAtions
Now open
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Challenging and diverse learning programs providing excellent opportunities for individual success
NOTICEBOARD

ADVERTISING IN THE ROUSE HILL HIGH NEWSLETTER
If you are interested in advertising your business or community group in the next edition of this newsletter please visit www.rousehill-h.schools.nsw.edu.au/our-school/rules-policies/rouse-hill-high-school-policies and download a newsletter policy for requirements and procedures.

GET INVOLVED WITH THE P & C
If you would like to be added to the P&C email list, simply email the Secretary at nicoletheissen@optusnet.com.au or log on to www.rousehill-h.schools.nsw.edu.au and click on the P&C tab for information. Next meeting Monday, 27 October

CONGRATULATIONS TALIA FAUVETTE
Well done Talia on your recent performance at the Epping Club Talent Quest. With her rendition of Ave Maria, Talia successfully achieved runner up in the Junior Division.

UPCOMING EVENTS
7 October
Students return for Term 4

8 - 10 October
Year 1.0 End of course exam

13 October
HSC Exams commence

16 October
Year 8 Australian Museum excursion

20, 21, 23 October
Year 1.0 All my own work workshops

21 October
Year 7 Gala Day

23 October
Youth Eco Summit

27 October
P & C meeting

27 - 31 October
Year 1.0 Work experience

29 October
Middle School recognition assembly

see school website for more details

FROM THE EDITOR
Thank you to all the staff, students and community members who have contributed to this edition of the Rouse Hill High Newsletter

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Richard Medcalf

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Strong educational leadership and dedicated teachers create a supportive, dynamic learning environment